

Célébrons nos communautés inclusives

Celebrating inclusive communities



Chef Tigretón shares the tastes of Spain at Galileo Adult Education Centre



Chef Tigretón enjoys teaching the Social Integration Services students at Galileo Adult Education Centre about healthy food and cooking, and sharing typical Spanish cuisine with them. Read the full story on page 3 of this edition. (Photo, Galileo Adult Education Centre)

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TRAVEL

Caesars Palace in Las Vegas: A magical place to stay, gamble, shop and dine

By Alexandra Cohen

LAS VEGAS - What would a visit to Las Vegas be like without spending some time at the famed Caesars Palace? As famous as the city itself, this luxury hotel and casino is perhaps the best-known casino resort in the world. What began as a grand casino honouring the indulgent luxuries of ancient Rome has somehow evolved into something even more spectacular.

Casino game tables are both at standard and accessible heights. Slot machines have removable seats, and the lounge areas around the casino have easy ramp access. You may use a small WC hydraulic lift from the casino to access one of the main shopping corridors. Common area restrooms are wheelchair accessible.

Access to this gigantic facility is good, and wheelchair-accessible rooms have roll-in showers, a grab rail and oversized spa tubs. Commode shower chairs, hoists, scooters, wheelchairs and other mobility equipment are available for rental. Accessible rooms should be requested at the time of booking for best availability.

For more, log on to <https://www.caesars.com/about/accessibility>

Caesars Palace spans 85 acres at the heart of the Las Vegas Strip, just 10 minutes from McCarran International Airport. In 2017, Caesars completed the renovation of its Palace Tower, the resort's largest tower, featuring 1,181 stylishly designed guest rooms and suites with a price tag topping \$100 million. Considered the crown jewel of the tower, the coveted 29th floor features 10 luxurious new villas ranging



The Bacchanal Buffet.

in size from 2,750 to 4,085 square feet and featuring exquisite finishes, bespoke furnishings and a curated art program. The Palace Tower's elegant new guest rooms and suites feature cool grey tones accented by royal blue and champagne gold. Centrally located, the Palace Tower is a short walk to the resort's convention center, Appian Way shops and Garden of the Gods Pool Oasis.

During the resort's 50th anniversary celebration in 2016, the evolution of Caesars Palace continued with the reimagining of the hotel's original and iconic tower, the Roman Tower, which was completely reborn as the new Julius Tower. Never resting on its laurels, the \$75-million Las Vegas hotel tower renovation is part of a \$1-billion investment, cementing Caesars Palace as the premier resort at the center of the Las Vegas Strip that has welcomed millions of visitors beginning on August 5, 1966. The new 587-room Julius Tower welcomed its first guests in January

2016, featuring design-savvy, modern rooms and suites.

Refurbished in 2016, the 948-room Augustus Tower features a classic Caesars theme but with a contemporary update. Similar to the Palace Tower, we see again cool grey tones accented by infusions of royal blue and champagne gold. These luxurious rooms are located on the southern end of the property near the Garden of the Gods Pool Oasis and hotel lobby. The Augustus Tower initially opened in August 2005, with an additional valet entrance for VIP guests. Caesars Palace and Nobu Hospitality developed the world's first Nobu Hotel, a boutique hotel within the larger destination resort that opened in February 2013. The innovative concept integrates an exclusive hotel tower with the first Nobu Restaurant & Lounge on the Las Vegas Strip. The 182-room Nobu Hotel offers 18 suites and a rooftop villa with stylish interiors, showcasing natural materials fused with Nobu's signature

Japanese elegance, designed to convey an extension of the fun and energetic Nobu lifestyle. Nobu Hotel guests enjoy a bevy of perks, including private check-in, Natura Bisse luxury bath amenities and 24-hour access to the exclusive in-room dining menu curated by Nobu's acclaimed culinary team.

While we did not have the good fortune of staying at Caesars during this trip, we enjoyed a fantastic dinner at their Bacchanal Buffet - voted the Best Buffet in Las Vegas by USA Today two years in a row. I was not surprised to hear that they were given this title when I realized that their buffet presents nine distinct restaurants, all in one location! One member of our party had mobility issues. Fortunately, all of this vast space was at one level so she was able to navigate the area, requiring some help from us when we made our way through the buffet line. But let me say that Las Vegas is an extraordinarily accessible city for those in wheelchairs, from dining establishments to taxi services.

The modern setting of the buffet is inspired by the elements of glass, wood and steel. With nearly 500 dishes to choose from, every guest is sure to satisfy their cravings, whether they are in the mood for prime rib, chilled king crab legs or freshly made sushi. A team of seven specialized chefs oversee the preparation of the majority of the food in front of the guests, creating an interactive environment.

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Bacchanal Buffet's delectable desserts.

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The cuisines offered include: Mexican - featuring freshly made enchiladas, tortillas and more; Italian - pastas, baked lasagna, antipasto display; Chinese - Made-to-order assorted soups, wok-fried dishes and dim sum, Japanese - Fresh sushi, sashimi, cooked fish; American - BBQ house-smoked meats from a wood-burning smoker and wood-burning grill; numerous carving stations including prime rib, brisket, rotisserie chicken and more; seafood - Fresh East and West Coast oysters, king crab, snow crab, stone crab, mussels and prawns; pizza - a variety served fresh from a wood-burning oven; deli - soups, cheeses, seven charcuterie selections including house specialties and individual, prepared, and make-your-own salads; dessert - Chocolate, vanilla and pistachio soufflés baked-to-order, selection of gelato, sorbets and crème brûlée.

The weekday brunch is \$39.99 (Monday to Friday from 7:30 a.m. to 3 p.m.); The weekend brunch is \$54.99 (Saturday and Sunday from 8 a.m. to 3 p.m.); weekday dinner is \$54.99 (Monday to Thursday from 3 p.m. to 10 p.m.); and weekend dinner is \$64.99 (Friday

to Sunday from 3 p.m. to 10 p.m.). For an additional \$15 per person, add the "All You Can Drink" option and receive unlimited draft beer, house wine, mimosas or champagne.

There is also line pass option available for \$20 per person during select hours of operation. See the manager for details.

For information, call 702-731-7928. For large party reservations and private dining, call group dining at Caesars Palace at 702-731-7778 or toll-free at 866-733-5827. Log on to www.caesarspalace.com



Bacchanal Buffet roast.

If you feel the need to “escape” in Vegas visit Trapped

By Alexandra Cohen

LAS VEGAS- Last year in Montreal, I experienced my first ever “escape room.” Having really enjoyed the experience, I wanted to try one in Las Vegas, so we visited Trapped: A Real Life Room Escape Adventure. This location was launched in 2015 and is centrally located at 4760 Polaris Ave., a quick drive from the Las Vegas Strip.

The facility is completely wheelchair accessible, and notes manager Renton Wilson: “We can even make special accommodations as needed.”

For those who have never experienced a game of this nature, it involves a group of people placed in a room where they must use all elements present to solve a series of puzzles, find clues, and complete the objective within a set time limit. It is a great bonding activity, as it requires a lot of teamwork in order to succeed. The recommended minimum age to participate is 12 years old. All rooms cost \$35 per person for regularly scheduled times.

There are currently two rooms, with a third one on its way, at this location. We chose The Lair of the Puzzle master. What is the scenario? You and your teammates are federal agents tracking down an international criminal known as “The Puzzle master.” You have found his hidden lair and are moving in to take him down, but you also have to avoid falling into one of his many traps. This game is good for three to eight participants.

The game is very well constructed - my favourite escape room experience thus far. It thoroughly challenged us, but as three individuals, we were able to escape in the nick of time.

“We as a company have been open since 2015,” said Wilson. “We began with one location in Upland, California in 2015 and have since expanded to include a location in San Dimas, California, as well as Las Vegas. We opened in Las Vegas in July of 2018, and our mission is, and always has been, to provide a high quality and fun experience for our customers.”

Check out this clever video at <https://www.youtube.com/watch?v=vvH4xQitunU>. For information, visit www.trappedescaperoomvegas.com or call 702-907-8078.